

*Lapa Palace*  
*Lisbon*

*Afternoon Tea*

VAT included

# *The History of Tea*

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*There are several legends about the origins of tea. One of them tells u show, some five thousand years ago in China, the Emperor Shen Nung, worried about the epidemic diseases gave order to have all the water boiled before its consumption.*

*One day the Emperor and his court visited one of the distant regions over which he ruled and he ordered his train to stop so that they could rest for a while. The servants had just started to boil the water, when some leaves coming from nearby bushes and floating in the wind fell into the water container. Gradually the water acquired a nut-brown color. When the Emperor tasted this strange infusion, he was surprised by its pleasant flavor and from that moment on he and his people became adepts of tea. And this is how the first tea cup appeared. The tree that provided those leaves was called *camellia sinensis*,*

*One also says that this was the same legendary Emperor who initiated the natural or herbal medicine and that introduced agriculture in the country. On his “treaty on Food” he wrote: “The tea invigorates the body, nourishes the spirit and reinforces the will, when taken at long term”.*

*All of our teas are prepared with bottled water. To free the aroma, the teas have each one a specific time of infusion. In order to respect it, the teapot will be presented after the infusion time is complete.*

## *Light Afternoon Tea*

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*Served from 15h45 to 18h30*

*Tea at your choice*

*(except Yin Zhen, Lung Ching Imperial and White Night Jasmine)*

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*One traditional scone*

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*One fresh cheese and cucumber on white bread finger-sandwich*

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*One mini pastry from our daily selection*

**Price - € 11,00**

## *Afternoon Tea a La Carte*

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*Served from 15h45 to 18h30*

**Toast - € 4,00**

**Scone - € 3,50**

**Sliced cake from our daily selection - € 3,50 (two slices)**

*Finger Sandwiches*

*Tomato and mozzarella; Chicken breast, lettuce and mayonnaise;*

*Shrimp, boiled egg and cocktail sauce*

**2 pieces - € 4,90**

*Our scones are served with butter,  
red fruit jam and orange marmalade*

VAT included

# *Classic Afternoon Tea*

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*Served from 15h45 to 18h30*

*Tea at your choice  
(except Yin Zhen, Lung Ching Imperial and White Night Jasmine)*

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*One traditional scone*

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*One raisin and ginger scone*

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*Smoked salmon on wheat bread finger-sandwich*

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*Ham and cheese on brioche bread finger-sandwich*

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*Two mini pastries from our daily selection*

***Price - € 21,50***

*Our scones are served with butter,  
red fruit jam and orange marmalade*



***The Lapa Palace is pleased to offer  
one Classic Afternoon Tea  
for every reservation of at least 6 people***

VAT included

## Portuguese Tea

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### **Gorreana Blue Pekoe**

€ 4,50

*It's a black tea of dark blue color, from leaves of the middle of the tree. It's a stronger but less flavored tea.*

### **Gorreana Orange Pekoe**

€ 4,50

*Very light tea of Great quality, whose aroma results from the first leaf of the Camellia Sinensis plant.*

### **Gorreana Hysson Green Tea**

€ 4,50

*After the harvest the leaves are steamed, rolled dried and rolled again. They stay whole, with a dark green olive color.*



VAT included

## *Indian — Darjeeling — First Flush Blend*

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### **Royal Darjeeling**

€ 4,50

*The king of Indian teas, this TWG first flush black tea boasts an exquisite fragrance and a vibrant, sparkling taste that develops remarkable overtones of ripe apricots. An exquisite daytime tea.*

## *Indian — Assam— Second Flush Blend*

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### **Harmutty SFTGFOP1**

€ 7,00

*A British favorite, this malty, second flush Assam is strong and rich in flavor. This TWG Tea special harvest produces a robust black tea that is excellent in the morning.*

## *Ceylon — Dimbula — Black Tea*

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### **Dimbula**

€ 4,50

*Deliciously smooth and mature, this TWG harvest produces a light tea with a full, round flavor. Excellent in the morning.*

## *China — Fujian — Smoked Tea*

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### **Imperial Lapsang Souchong**

€ 4,50

*This smoky TWG black tea boasts beautiful leaves and a smooth, full-bodied flavor impregnated with the aroma of rare Chinese pine. A generous daytime tea that is perfect with a savory meal.*

## *China — Zhejiang — Green Tea*

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### ***Lung Ching Imperial***

€ 7,50

*TWG Tea offers a rare and extremely limited quantity harvest. These bright green leaves are beautifully fashioned by hand and shaped into flat needles. The pale yellow infusion reveals a striking scent of roasted chestnuts and a note of sweetness. One of the finest and most exclusive teas in China.*

### ***Sencha***

€ 4,50

*With an incomparable taste, grassy sweet and delicately astringent, this pale green is perfect to accompany a meal.*

## *Japan — Green Tea*

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### ***Genmaicha***

€ 6,00

*A traditional Japanese specialty of exquisite green tea with roasted rice and popped corn. Mild and smooth, this TWG tea has a light, bright infusion with a unique, toasted rice flavor. A favorite with tea lovers of all ages.*

### ***Kona Sencha***

€ 5,50

*This powered TWG green tea produces a mild infusion with a pleasant sharpness and a touch of astringency. Perfect to accompany fish and sushi.*

## *China — Fujian — White Tea*

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### ***Yin Zhen***

**€ 10,00**

*Yin Zhen is the finest of all white teas, and its silvery, downy buds are hand plucked before the leaf opens. The aroma is one of velvet mellowness with tonalities of honey, and once infused, the leaves of this exceptional TWG tea yield a pale, crystalline infusion.*

### ***Pai Mu Tan***

**€ 5,00**

*Smooth, delicate and highly refreshing, this fine TWG white tea yields a slightly pale cup with an aroma of honey and a smooth velvety flavor. Delightful in the evening.*

## *Classic Tea For the Morning*

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### ***English Breakfast***

**€ 4,50**

*This classic was originally blended as an accompaniment to the traditional English Breakfast. Very strong and full-bodied with the light floral undertones this TWG broken leaf black tea is perfect with morning toast and marmalade.*

### ***Singapore Breakfast***

**€ 4,50**

*This noble TWG Tea breakfast blend is evocative of the sophisticated harmony of Singapore. Boasting a natural blend of green tea, black tea, rich vanilla and rare spices, this tea yields a complex flavor with sweet and lingering aftertaste.*



## *Exclusive Tea Blends*

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### **1837 White**

€ 5,50

*A twist on TWG Tea's renowned signature tea, 1837 White is an ethereal blend of white tea with fruits and flowers from the Bermuda triangle, which leaves a lingering aftertaste of wild berries and anise. A crystalline and sophisticated tea for the evening.*

### **Spice Route**

€ 4,50

*A slow, majestic voyage of fragrances and flavors, this TWG green tea is inflected with full-bodied tonalities of ginger, reminiscent of the ancient voyages of merchants of the east. A tea to appreciate on a journey.*

### **Grand Wedding**

€ 4,50

*A festive TWG tea to celebrate life's momentous occasions, this black tea is blended with white flowers and breathtaking exotic fruit.*

### **Place Vendôme**

€ 4,50

*The emblem of perfection and purity, this tea symbolizes the harmony between the taste of the Orient and Europe – a magical paradox uniting fruits and flowers into a wonderfully blended, fine TWG Tea green tea. For a special guest.*

### **Crème Brûlée**

€ 5,50

*Welcome to the world of sweet French savoir-faire. TWG Tea created this special green tea by blending subtle bouquets of red fruits and strawberries, evoking the taste of crème brûlée. Absolute harmony.*

## *Grand Classic Jasmine*

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### **White Night Jasmine**

€ 9,00

*The rarest Yin Zhen white teas are blended with a most enveloping and fragrant night blooming TWG jasmine. This Fujian tea is one of the most extravagant jasmine teas of China.*

### **Jasmine Pearls**

€ 6,00

*A mild cup of elegantly fragrant Chinese green tea lavishly blended with TWG jasmine blossoms. The tender, silvery buds are intricately rolled into pearls and then dried amid fresh, aromatic jasmine flowers. The pearls will magically unfurl in the teacup.*

## *South Africa Red Tea*

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### **Lemon Bush**

€ 4,50

*Red tea from South Africa blended with wild citrus fruits. Refreshing, this TWG theine-free can be served warm or iced at any time of the day.*

### **Red of Africa**

€ 4,50

*Delicate red tea from South Africa blended with sweet TWG Tea spices and marigold. This theine-free tea can be served warm or iced at any time of the day.*

## *Grand Classic Earl Grey*

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### ***Breakfast Earl Grey***

**€ 4,50**

*The legendary grand classic, this fragrant black tea is richly infused with the finest TWG tea bergamot.*

## *Grand Classic Mint*

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### ***Alexandria***

**€ 4,50**

*A dreamy reminder of Arabian nights, this TWG tea mixture of green teas is subtly blended with mint and Mediterranean spices.*

## *Tea Bags*

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### ***Comptoir des Indes***

**€ 4,50**

*A eulogy to the renowned East Indies Company, this rich and elegant infusion, warm in the mouth, is a TWG Tea chai blend of black tea and spices. Delicious alone or with a dash of milk.*

### ***Chamomile***

**€ 4,50**

*Soft and soothing, these rare TWG Tea chamomile flowers boast a rich honey aroma and yield a golden, theine-free cup.*